

## Ways to Train

We offer the best variety in Krav Maga Training to ensure your individual needs are met. Whether it be through our regular classes, personal training sessions, small group sessions, or workshops, you will find something to suit you.

We also offer special corporate sessions to help fit in with your busy lifestyle and work schedules. Maybe you would like something totally different, something specially tailored to your needs or wants? Whatever your idea or need with Krav Maga, we will cater for it! Browse through our ways to train to see what is most suitable to you.