

## Recent Workshops

Here you will find information and some pictures of recent workshops. They are arranged in date order with the most recent one listed first.

Defending Common Grabs and Holds Workshop: Brisbane 1 Nov 2009

Defending Knife Attacks and Threats Workshops: Brisbane 1 Nov 2009

Women-only Rape Prevention Workshop: Brisbane 1 Nov 2009 (guest female instructor from Sweden)

Defending Knife and Stick attacks Workshop: Sydney 14 Sept 2008 Pictures and information coming soon.

Women-only Rape Prevention Workshop: Sydney 26 Oct 2008

Pictures and information coming soon. Fighting Multiple Opponents Private Workshop: Sydney 14 Sept 2008

Pictures and information coming soon. Defending Stick and Rock-type attacks Workshop: Sydney 14 Sept 2008 Pictures and information coming soon. Women-only Rape Prevention Workshop: Sydney 14 Sept 2008 Pictures and information coming soon. Defending Stick and Rock-type attacks Workshop: Brisbane 31 Aug 2008 This was one of our most well attended local-workshop run to date. We had a good mix of men and women, civilians, law enforcement, and military personnel for this 3-hour session. We also put participants through the biggest multiple-opponent drills we've ever run! Topics covered included defending a large variety of stick/club attacks, defending rock type attacks (including glassing, ashtrays, bottles), defending other people from these attacks, and defending against multiple armed attackers. Women-only Rape Prevention Workshop: Brisbane 31 Aug 2008 We had a great group of women training for this 3-hour workshop. Though topics covered were serious, there were still a lot of laughs and fun had by students and instructors alike. Topics covered included defending common attacks on women, stopping a bigger and stronger attacker, confidence building, defending attacks on the ground, and preventing being pinned to the ground. FREE 6-Week Community Program: Brisbane May 18 - 29 June 2008 We ran a 6-week self defence program in conjunction with The Community Place\*. It was open to men and women (aged 16yrs and older) in the community keen to take part in a professional self defence course. The program ran for 6-sessions, training 2-hours on Sundays with each session building on the previous one. Topics covered included defending common hand attacks, defending chokes, headlocks, bear-hugs, pressure training, confidence building, environmental awareness, multiple attackers and more! PICTURES COMING SOON \* The Community Place is a non-profit, community based organisation established to provide resources and activities to the local community. Thanks to their support and dedication to the community, this program was able to go ahead free of charge to participants. Eyal Yanilov (Head of IKMF) Workshops: Sydney 08 Jun and Brisbane 10 Jun 2008 These two workshops were a roaring success! Sydney had about 81 people, while Brisbane had 93! These are the biggest Krav Maga workshops in Australian history to date and is a true testament to the cohesiveness and working together of IKMF instructors in these cities. Those involved in Sydney were KM Bondi, KMTA, KM Epping, and KM Central Coast. In Brisbane it was KMTA and KMSDS. (All photo's below were kindly taken and used with permission by Kat Down, from Kat Down Photography) Defending Multiple Opponents and Knife Attacks: Sydney 06 Apr 2008 Pictures coming soon! Close Quarter Combatives and Self Defence Workshop: Brisbane 30 Mar 2008 We had an excellent turnout for this workshop, with 32 people in attendance! It was great to have a good number of people new to Krav Maga taking part in this program too. The day went very well, with some new drills, concepts, and tactics that differ from regular class training. Students trained standing, seated, and in rows/chairs set up to simulate the confines of busses and trains. More pictures to follow soon!

Close Quarter Combatives Workshop group (Not all pictured) Defending Headlocks & Common Holds: Sydney 16 Dec 2007 Sorry, no pictures available from this workshop. Defending Headlocks & Knife Attacks (Advanced): Brisbane 9 Dec 2007 Women-only Self Defence Workshops: Brisbane 11 Nov 2007 This Krav Maga workshop was free to the public thanks to sponsorship from Calamvale Community College, Brisbane. We had 27 women from the community in attendance (not all appear in the photo below). Topics covered were specific to women, and the session was run closed-doors. We want to say a big "thank you" to Calamvale Community College for their support of the community and the Krav Maga Training Academy in Brisbane.

Israeli Expert - Workshop Tour: October 2007

These special workshops with Amnon Darsa were a great success! We had the biggest turnout for any workshops ever held in Brisbane, and the Sydney, Newcastle, and Melbourne workshops were also totally filled!

We had over 70-people in attendance over both workshops in Brisbane, which included fellow students from the Gold Coast.

Amnon is one of the world's top Krav Maga instructors, and right hand man to Eyal Yanilov (head of the IKMF). He is highly sought after by police and military units around the world, regularly training both operators and instructors. He was in Australia running a closed-door course, but we were able to secure him for a series of public workshops.